



**SELF-TREATMENT WITH THE
ESOGETIC WILDCRAFTED
HERBAL OIL^{RELAX}
STRENGTHENING OF THE
IMMUNE SYSTEM**



ESOGETICS
heilkraft der farben

The greatest care has been taken in the composition of this document with regard to the accuracy of the information contained herein.

Many of our therapeutic procedures and their effects are based exclusively on the empirical knowledge of naturopathy. Medical diagnoses and courses of treatment, especially treatment methods and their effects, are highly individual and different. For this reason, a successful treatment cannot be foreseen or guaranteed. As a precautionary measure, we therefore point out that we make this clear in the content we present with the help of the subjunctive. The word "may" therefore indicates, in the sense of an assumption or presumption, a mere possibility, the existence of which is uncertain and can be described as "perhaps" or "possibly". We therefore point out that, with regard to a possible success of treatment and the suitability of a therapy, these terms should not be understood in the sense of a promise of healing.

Please always keep in mind that certain diseases and strains are less or not suitable for self-treatment. We would like to expressly point out that before self-treatment with our products, especially in the home environment, it is advisable to consult your doctor or alternative practitioner. The author and publisher of this brochure are in no way liable for damages or consequences arising from the use of this brochure.

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THE ZONES OF THE IMMUNE WEAKNESS SYNDROME

STRENGTHENING OF THE IMMUNE SYSTEM

During a time when the Corona virus pandemic is challenging all humans, it is certainly necessary to ponder the immune system. In spite of some regretful deaths, which are counted daily in the media, many people have completely recovered and have overcome the virus. **Without vaccination, without medication.**

We should ask ourselves, why that is the case. The answer to this question is beyond doubt that those people, who have made it through the viral onslaught possess a functional immune system.

That implies the next question: Why not try to keep the defense system at a very high level of functioning even during healthy days?

We could list quite a few reasons, why that is not happening. There is for instance the disease producing stress, which many people subject themselves to, day in and day out, which keeps hitting the immune system and is weakening it. And there are probably a lot more reasons.

Naturopathy and Holistic Medicine provide many different options worldwide to stay healthy and to strengthen one's immune system. Why is this multitude of proposals and protocols to come to one's center and thus stay healthy not taken into account? Maybe it is finally time to listen during this difficult phase.

Nobody in the world holds the key to absolute health. Here at Esogetic Medicine we don't either. Nonetheless we are trying to educate and are offering a great number of simple treatments, which every person is able to use for himself. We have been able to observe and also have received comments from our trusting patients that self-treatment is not only legitimate, but necessary nowadays.

Therefore we have created a protocol for you, which is very simple to follow. Our experience is based on many decades of using the Esogetic wildcrafted herbal oil relax. It is a remedy that has been composed from 29 different oils. Many people are using it worldwide on a daily basis; not only for the tonification of the immune system, but also to activate their dreams at night. We have discovered a considerable number of zones that activate such nighttime pictures. (see also the book: "Dream Yourself Free")

These are now the zones to strengthen your immune powers, and we are recommending you use them on a daily basis in these times.

I would like to quote the work of Rachel Naomi Remen M.D., Clinical Professor of Family and Community Medicine at the University of California San Francisco School of Medicine, she says:

"The basis of the self-healing force is the immune system. The mental emotional well-being influences it directly, negatively as well as positively!"

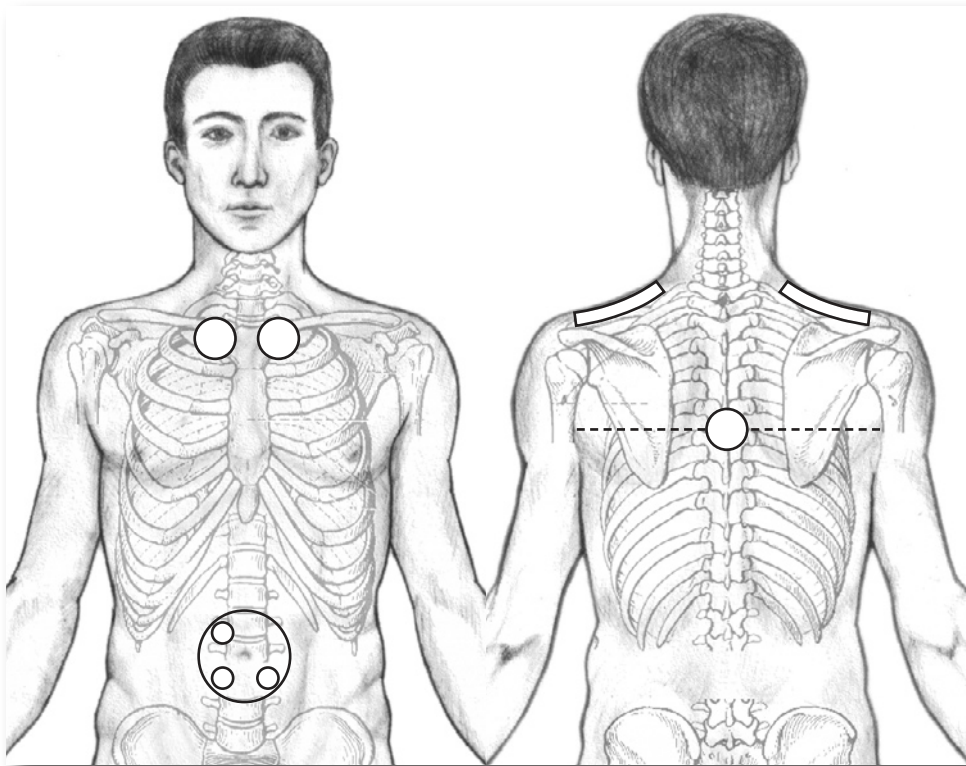


We have divided the proposals for self-treatment in zones for the day and for the night. They cover a larger area and are therefore easy to locate.

The following diagrams show the positions.

THE ZONES OF THE DAY

THE DEFENSE ZONES OF THE BODY



Location:

The first zone is in the front directly at the sternoclavicular joint. The aggressive zones of the abdomen are added.

The oil can be applied to the entire area around the navel to a diameter of about 10 cm (4"). The two zones at the top of the shoulders are also very important in regard to the immune system.



The next zone is located at the level of the axillary folds directly on the spine. In Esogetic Medicine this is, where the destructive principle of the human being and the resulting blockages are found.

The treatment of these zones takes place during the morning time.

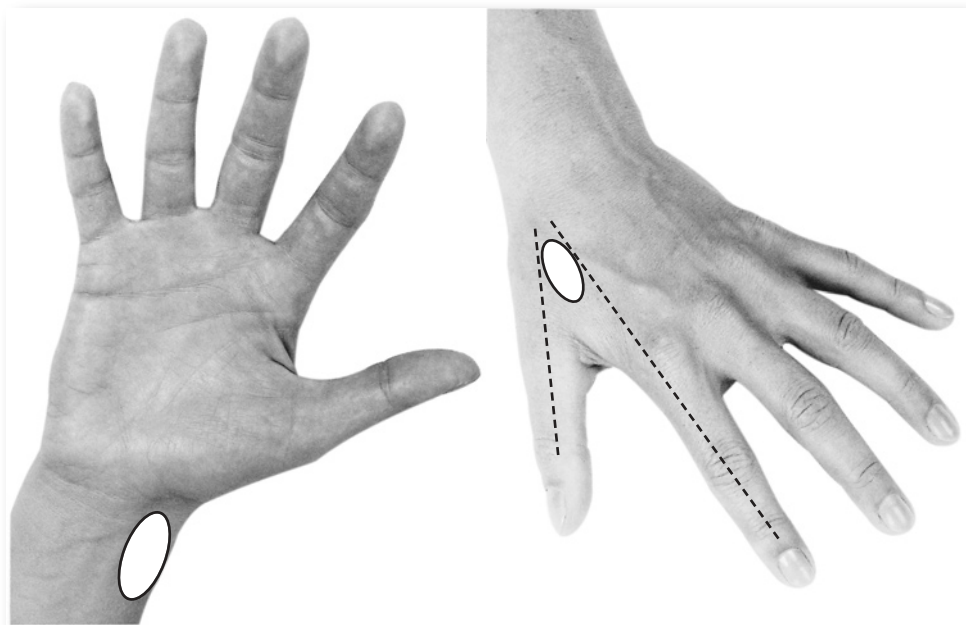
Treatment sequence:

All zones should be brushed (skin brush) before the application of the Esogetic wildcrafted oil relax, so that the oil may penetrate more deeply and easily. The body zones require a couple of drops each.

Then we add the defensive zones of the hands.



THE DEFENSIVE ZONES OF THE HANDY



These zones (on both sides) are specific defense zones of the body. We have deduced them from the acupuncture points Lung 7 and Large Intestine 4.

Location:

The zone Lung 7 can be found, where you palpate the pulse.

The zone Large Intestine 4 is in a triangle resulting from extending lines through the index finger and the thumb.

The size of the zones is just as it is depicted.

Treatment sequence:

All zones are brushed (skin brush) before the application of the Esogetic wildcrafted oil relax. The body zones require a couple of drops each, the hand zones one drop each.

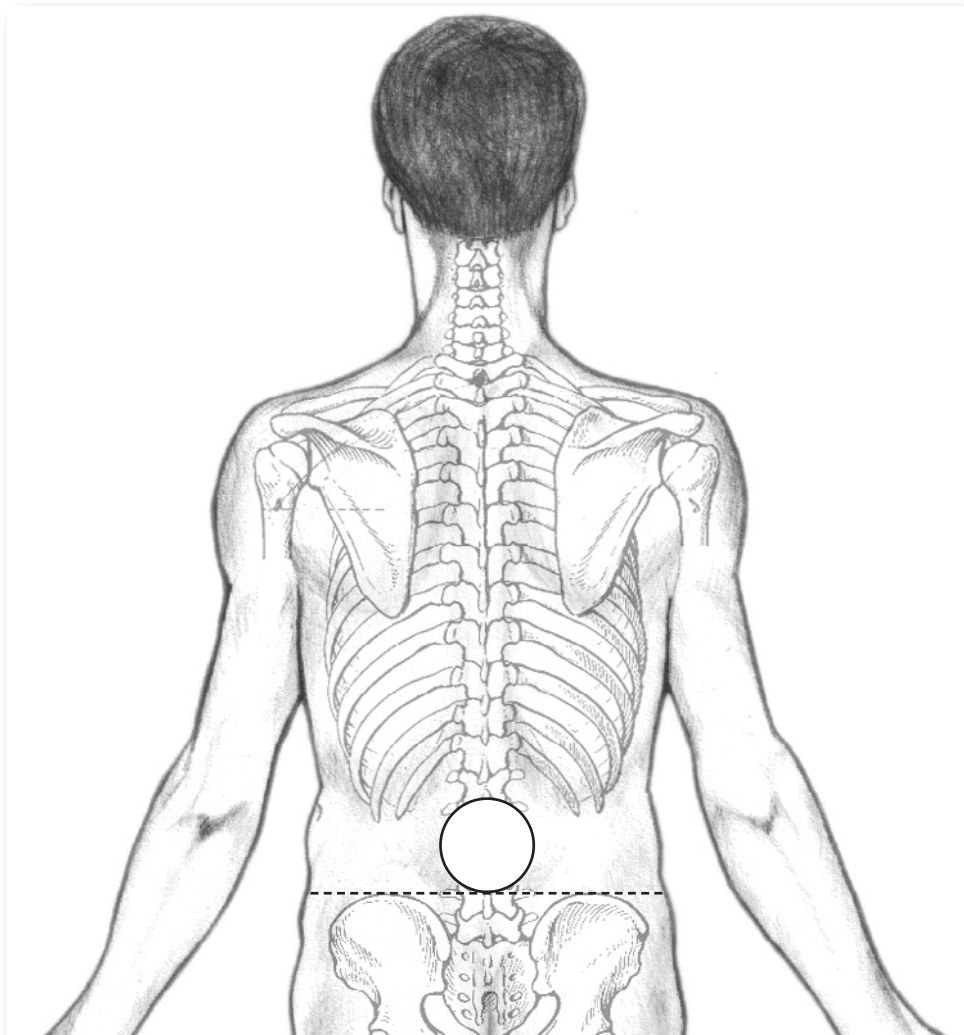
At night, before going to sleep, the following areas can be used.



THE ZONES OF THE NIGHT

At night, ideally before going to sleep, these zones should be treated.

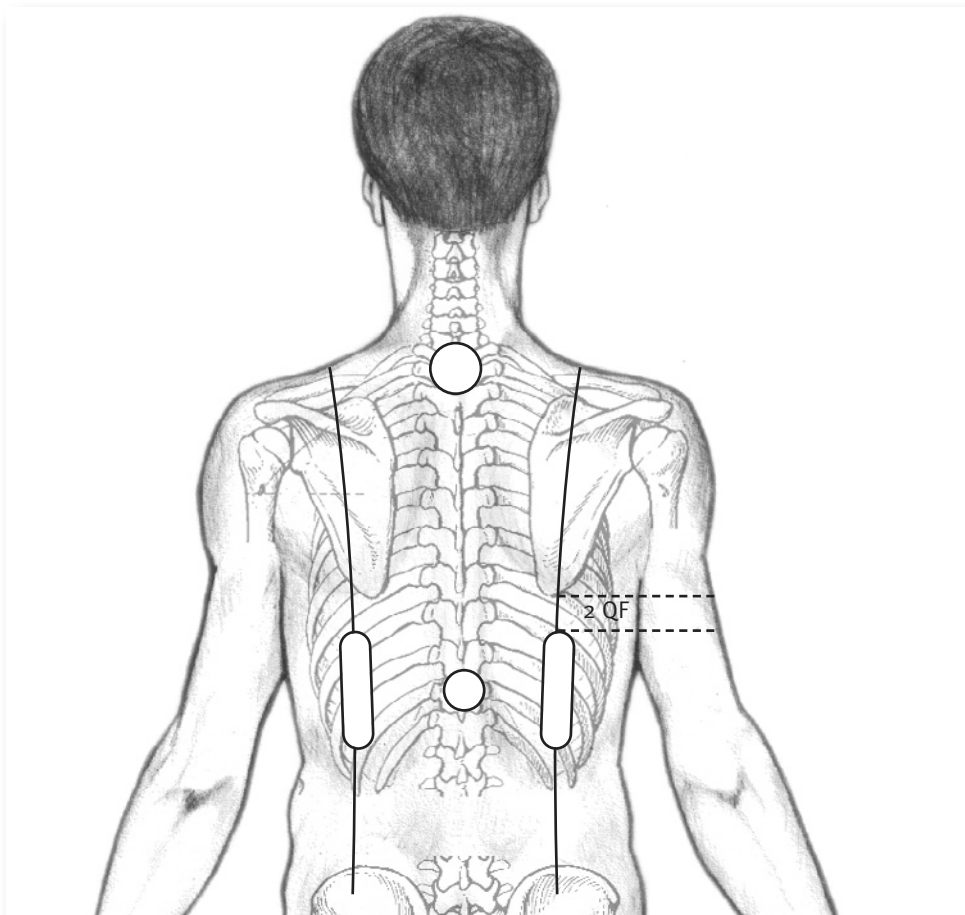
THE ZONE OF THE RED ELLIPSE



Above the sacrum we find the zone of the Red Ellipse. This reflex area is connected to the immune system.



ZONE AT THE 7TH CERVICAL VERTEBRA, THE LUNG POINTS AND THE GENERAL ZONE OF THE LUNG ON THE SPINE



Location:

You start with the zone at the 7th cervical vertebra, which is particularly important for tension in the entire abdominal space. (Connection to the abdominal brain)

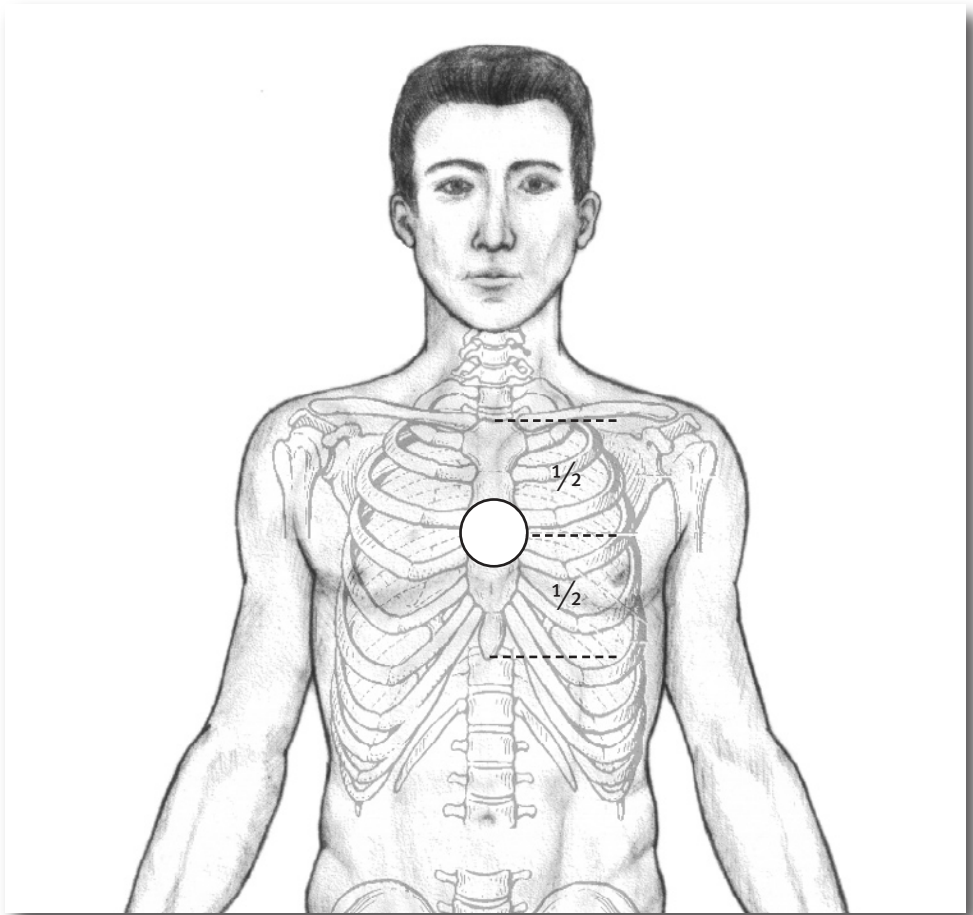
If you draw a vertical line from the center of the shoulder downwards, the important zone of the lung and bronchi is encountered below the tip of the scapula. The zone starts about 2 FW (fingerwidths) below the tip of the scapula and extends about 6 FW down. The width of the zone is about 2 FW.

Exactly in the middle of these zones - on the spine - the general zone of the lung is located.



Treatment sequence:

All zones are brushed (skin brush) before the application of the Esogetic wildcrafted oil^{relax}. The body zones require a couple of drops each.

MIDDLE OF THE STERNUM (THYMUS ZONE)

In the center of the sternum we find the zone of immune system activation (thymus zone).



All zones react to the application with a cold sensation on the skin, which resolves after about 5 minutes and then gives way to a comfortable warmth.

Experiment with these protocols and you will be amazed how deeply these reflexes work.

We are wishing you a lot of success, and the sentence of the year should be added

“May you stay healthy”

Cordially yours
Peter Mandel and your
Esogetics GmbH





Esogetic Wildcrafted Herbal Oil^{relax}

There are many herbal oils used as home remedies. The aromatic oils contained in the wildcrafted herbal oil^{relax} are regulating and stimulating for the whole person. Pure oils in a perfect blend for your comfort. Discover the power of the unique Herbal Oil.



Information-Energy-Reflector Set

The name results from the fact that this massage rod with the small crystal shows an effect on all the points on the skin that are relevant for therapy. In the meantime many people all over the world have taken up treating themselves according to defined zones and points. The round head of the rod is designed for a targeted massage of the points and the crystal is touched to the zone in question for 10 to 15 seconds after the massage of the points. An extensive manual is included: "The Matrix Reflectors" by Peter Mandel

Peter Mandel



THE MATRIX REFLECTORS

ESOGETICS – THE LANGUAGE OF HEALTH



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