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synapsis point[®] synapsis wave[®] •

synapsis point and wave Clinical study

------> AT THE INSTITUT FÜR GANZHEITLICHE MEDIZIN IN PRAGUE

synapsis wave - previously VEGASOM

San Bao - Instituut voor Kleurt-Licht therapie en cursussen Eeuwfeeststraat 2 - 3400 Ezemaal (België) tel: 0032 16782686 info@sanbao.be www.sanbao.be The principle of using frequencies and signals in order to induce certain states of consciousness has already been known to the ancient Tibetans.

Today, in the age of hi-tech, the cutting edge results of brain research have been applied to developing induction instruments and associated procedures. It is known that the brain has the tendency to adapt to certain vibrations and frequencies and this insight is used, when utilizing the Synapsis instrument (previously Vegasom).

The premise is that the brain starts to go into resonance with an externally provided frequency - provided that the patient accepts the treatment.

That is the reason why in some cases researchers can validate this effect, while at other times there is no evidence of it. No results could be obtained, when the patient rejected the treatment with certain frequencies in the range between 0.5 and 40 Hz.

This has also been proven by a study, which was conducted upon request of the Grieshaber Akademie, Schiltach at the university of Freiburg: "The influence of subliminal peripheral electrical stimulation on the autonomic nervous system, EEG patterns and subjective perception" by Dr. med. S. Braun, S. Schwerbrock, Universität Freiburg, 1992.

["Beeinflussbarkeit des autonomen Nervensystems, EEG-Musters und des subjektiven Empfindens durch unterschwellige periphere elektrische Stimulation"]

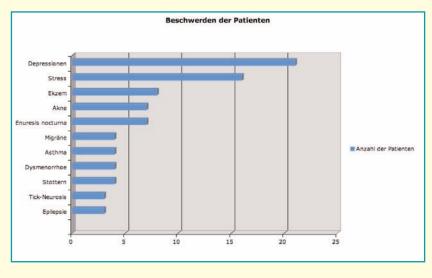
This study clearly proved that the induction therapy with the Synapsis (previously Vegasom) does not create any "coercion" and therefore cannot be considered to be a "manipulative procedure".

It is rather the case - if the patient is compliant - that a kind of stimulation or challenge is being generated for the brain through "psychogalvanic reaction mechanisms". The patient, who should be in a relaxed state, shows an

increased ionic flow in the skin, the skin impedance increases, so that the induction therapy can become effective through the electrodes that have been positioned on both wrists. The application of the Synapsis (Vegasom) can be compared to meditative approaches. It has become obvious, that specific brain wave patterns are the key to the programming of the "bio-computer brain". The psychiatrist Dr. Charles Stroebel believes, that the brain is able to reprogram itself in a new way, if the individual gets a hold of the motivational structure to do so. The brain is being subjected to the induction of its own inherent rhythms through the skin, similar to the biofeedback and mind machines, but much more gently. The goal is to "normalize deviated patterns" and thus to stabilize the production of neuropeptides and endorphines within a normal range. The induction therapy is only a catalyst and an amplifier to regain or activate original, natural oscillation patterns.

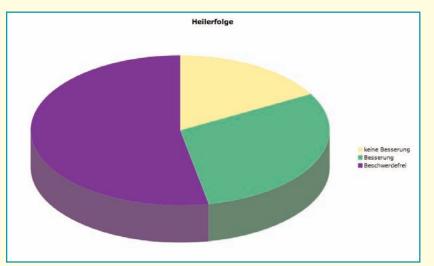
Ten years of clinical research with the Synapsis (Vegasom) therapy strongly recommend the following applications for the gentle induction therapy:

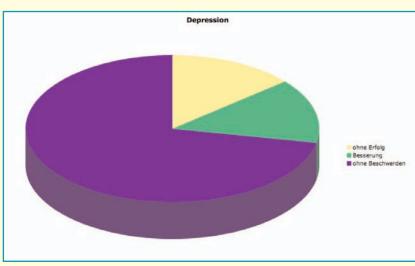
- Reduction of stress and introduction of very deep relaxation
- Increase of the IQ
- Acceleration of learning
- Stimulation of creativity
- General improvement of memory and the ability for recall
- Assistance in overcoming drug, alcohol and nicotine issues
- Decrease of depression
- Overcoming of anxieties and phobias
- Adjunct therapy for pain treatment
- General immune tonification
- Assistance in establishing a more positive attitude towards life and supporting inclinations towards mental and physical achievements.



The following research project with 81 patients has been conducted at the International Institute for Holistic Medicine in Prague under the leadership of Dr. Josef Jonas:

The study shows that the instrument can be successfully used for a broad range of indications within the contemporary "diseases of civilization", which all have a psychological component. Dr. Jonas (psychiatrist) only knows too well, how difficult and time consuming it is to enter with a therapeutic method into the rigid regulation patterns of chronically ill patients. After a synapsis treatment (Vegasom) the patients showed a definite, subjective improvement of their condition. It is also remarkable, that many patients were experiencing a therapeutic effect even after the first treatment. Most of them were discovering a brand-new quality of life after many years of suffering ! These patients had a particularly good reaction when the Synapsis (Vegasom) was combined with a physical detoxification therapy, like for instance the Vega-Matrix-Regeneration-Therapy instrument. An increasing number of therapists have been using the Synapsis (Vegasom) for



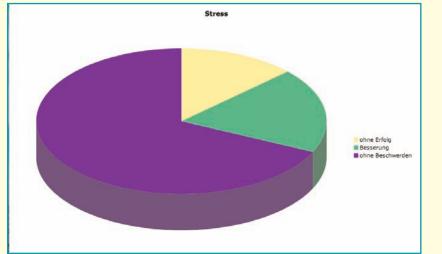


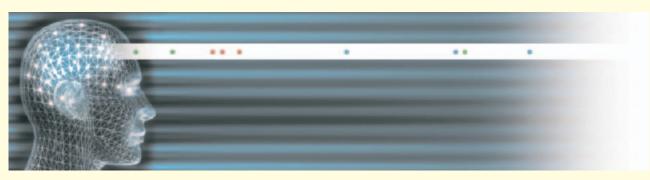
function, but through many known and also unknown mechanisms they are upsetting the physical function. Due to their own and other historical experiences many physicians and specialized health practitioners are assuming that through the psychosomatic relationship the connection between the CNS and the body has not yet been completely covered. There are other factors of the central nervous system that are projecting themselves into the complicated regulation of many functions of the human organism, which

more then one hundred different indications worldwide within the last decade.

For his research Dr. Jonas has chosen eleven indications from this broad range, which can be typically found in many clinical situations and for which it has been difficult and expensive to achieve positive results quickly using the common therapeutic approaches.

Dr. Josef Jonas writes: Stress, tension and anxiety are not only creating disturbances of the psychological





often cannot be directly addressed through therapeutic means. In the past exercises, auto-hypnosis, breathing exercises or drugs have been attempts to exert an influence.

Nowadays there are other methods to address the brain potentials and to influence the well-known brain frequency patterns in the alpha, beta, delta and theta ranges. The induction therapy with Synapsis (Vegasom) is one of the "gentle methods". The basic premise is to achieve the same effect as bio-feedback and the mind machines without using external stimuli that are foreign to the system. If it is possible to consciously control every single cell from the brain, then the consciousness pattern is anchored in every cell. Therefore it is possible to induce the brain with its own inherent rhythms through the skin. The induction therapy has the goal to "normalize deviated brain wave patterns" and thus to stabilize the production of neuropeptides and endorphines.

The Synapsis instrument (previously Vegasom) is inducing these frequencies for the therapy of psychosomatic complaints by using microcurrents. By using preprogrammed settings different therapeutic programs that correspond to certain definite indications can be chosen. Different stress and depression programs are available, as well as a children's program, mental training program and a relaxation program. They are applied in a gentle manner for the patient through skin surface electrodes, which are placed at certain chosen somatic sites. The officially approved therapy program of the Synapsis instrument can be completely delegated to be handled by an employee and thus can be very easily integrated into therapy sessions within the daily clinical routine.

At the only holistic medical institute of the Czech Republic, where 14 physicians are exclusively working with holistic natural medicine, the Synapsis has been continuously used for more than half a year. Within this relatively short time span it has found its place within the overall range of therapeutic options, so that patient research could be done, which encompassed 81 patients with 11 different diagnoses. In the meantime the very positive experiences with the Synapsis have led to the acquisition of another instrument at the Institute, so that now an even larger number of patients can benefit from the therapeutic possibilities of the induction therapy. In his position as a physician and psychiatrist Dr. Josef Jonas has spoken very positively of the successful use of the induction therapy especially in psychosomatic complaints.

In the year 1895 Richard Capon discovered the electrical activity of the brain. This discovery ushered in a new age for medicine. Hans Berger, the inventor of electroencephalography, published results from human experiments in 1929 for the first time. Since then physicians, psychiatrists and researchers have regularly revealed new, unbelievable insights about the possibilities of the stimulation of human brain wave patterns. Tests are already allowing us the conclusion, that the individual is able to control each single cell of his body. Considering this information it becomes obvious what unbelievable opportunities are offering themselves in regards to influencing the human neuronal networks and electromagnetic patterns by using therapeutic procedures. Dr. Josef Jonas' study and many practical experiences of the ten years of use of the Synapsis are showing that we are at the beginning of a highly interesting development. The induction therapy is a process that can treat many diseases and complaints successfully with one unique therapeutic modality, which is very relevant for the present time.

With a success rate of 83% in certain indications the induction therapy lies far above the results that can be achieved by conventional means. The diagrams are showing the total result of the research and the final results of the treatment of stress and depression, which are congruent with the many daily clinical experiences. In the other indications the induction therapy with the synapsis has also been very successful.

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